







## **BREAKFAST** (Served from 7:30-10:30)

<b>Courtyard Sandwich</b> .....		\$6.50
Sunny side up egg on top of a vegan sausage patty topped with jalapeño and sundried tomato mayo served on a soft roll		
<b>Breakfast Sandwich</b> .....		\$5.90
Eggs and cheese on a soft roll		
<b>Breakfast Sandwich with Meat</b> .....		\$6.40
Eggs and cheese on a soft roll and your choice of breakfast meat		
<b>Breakfast Burrito</b> .....		\$5.85
Scrambled eggs, tots, cheddar jack cheese and salsa		
<b>Breakfast Burrito with Meat or Veggies</b> .....		\$6.90
Scrambled eggs, tots, cheddar jack cheese and salsa wrapped in a tortilla with your choice of breakfast meat or veggies		
<b>Scrambled Eggs &amp; Meat or Veggies</b> .....		\$5.25
Includes cheese and a choice of breakfast meat or veggies		
<b>Breakfast Loaded Tots</b> .....		\$5.25
Scrambled eggs and cheddar jack cheese over tater tots, side of salsa		
<b>Loaded Veggie Breakfast Tots</b> .....		\$5.50
Scrambled eggs, seasonal vegetables, and cheddar jack cheese over tater tots, served with a side of salsa		
<b>Loaded Meat Breakfast Tots</b> .....		\$6.00
Scrambled eggs, choice of meat, and cheddar jack cheese over tater tots, served with a side of salsa		
<b>Breakfast Quesadilla</b> .....		\$5.90
Scrambled eggs, tots, and cheddar jack cheese in a flour tortilla with a side of salsa		
<b>Breakfast Quesadilla with Meat or Veggies</b> .....		\$6.90
Scrambled eggs, choice of breakfast meat or veggies, tots, and cheddar jack cheese in a flour tortilla, with a side of salsa		
<b>Add a Combo for breakfast</b> .....		\$2.95
Your choice of any breakfast served with a small coffee or small fountain beverage and tater tots		





## **Sides**

Breakfast meats.....		\$3.00
(bacon (4), ham, smoked turkey, sausage patties or vegan sausage (2) .....		\$3.85
Scrambled eggs (2).....		\$3.10
Tater Tots.....		\$3.00
Oatmeal Organic steel-cut Irish oats with brown sugar and cranberries .....		\$3.25
Toast with butter and jam .....		\$2.30

## PANINIS AND QUESADILLAS

- Red Hot Panini** .....  \$6.25  
Jalapeños, roasted red peppers, pepper jack cheese, tomato and spicy ranch served on a pressed roll
- Cajun Chicken Panini** ..... \$6.95  
Grilled chicken breast, cajun spice, provolone cheese, lettuce, grilled onions, tomato, red peppers and sun-dried tomato mayo served on a pressed roll
- Chickenless Panini** .....  \$7.75  
Fried chickenless patty, roasted red peppers, tomato, provolone cheese, grilled onion, creamy garlic spread and pesto sauce served on a pressed roll
- Smoked Turkey Panini** ..... \$6.95  
Smoked turkey breast, bacon, pepper jack cheese, lettuce, tomato, red onion and sun-dried tomato mayo served on a pressed roll
- BBQ Chicken Quesadilla** ..... \$7.50  
Grilled chicken breast, cheddar jack cheese, BBQ sauce, bacon bits, and red onions with a side of spicy ranch
- Chickenless Quesadilla** .....  \$7.50  
Fried chickenless patty, tomato and red onion with cheddar jack cheese in a flour tortilla with a side of sour cream and salsa
- Cheese Quesadilla** .....  \$5.30  
Cheddar jack cheese in a flour tortilla with a side of salsa
- Add a Combo** ..... \$2.95  
Small Twister fries, tots, whole fruit or salad and a medium fountain drink or a hot tea

## SALADS AND WRAPS

- Chickenless Mediterranean Salad** .....   \$8.75  
Fried chickenless patty, roasted red peppers, feta cheese, kalamata olives, tomato and red onions served on organic mixed greens with hummus and balsamic vinaigrette
- Italian Pesto Salad** .....  \$8.55  
Grilled chicken breast, tomato, cucumbers, and feta cheese on a bed of mixed greens served with pesto sauce and balsamic vinaigrette
- Buffalo Chicken Salad** ..... \$6.75  
Fried chicken tenders in buffalo sauce with tomato, cucumber, and red onion served on mixed greens with spicy ranch
- Cajun Chicken Wrap** ..... \$7.60  
Cajun spiced chicken breast with organic mixed greens, tomato, red onion, cucumber, cheddar cheese & ranch served in a sun-dried tomato wrap
- Veggie Wrap** .....  \$7.10  
Roasted red peppers, feta cheese, kalamata olives, grilled onion, tomato and organic mixed greens with hummus, served in a sun-dried tomato wrap

<b>Turkey Bacon Wrap</b> .....	\$7.75
Smoked turkey breast, bacon & cheddar cheese, served with organic mixed greens, red onion, tomato and creamy garlic spread in a sun-dried tomato wrap	
<b>Buffalo Chicken Wrap</b> .....	\$6.25
Fried chicken tenders tossed in buffalo sauce with organic mixed greens, tomato, red onion and spicy ranch served in a sun-dried tomato wrap	

## BURGERS


All burgers are served with lettuce, tomato, pickles and red onion on a soft roll

<b>1/4 lb. Burger</b> .....	\$6.25
<b>Garden Burger</b> .....	\$6.15
 	
<b>Blended Mushroom Swiss Burger</b> .....	\$7.25
(60% beef, 40% mushrooms)	
<b>CYC Burger</b> .....	\$8.25
Bacon, onion rings, avocado, cheddar and spicy ranch	
<b>Gaucho Burger</b> .....	\$9.50
Two 1/4 lb patties with bacon, avocado, pepper jack cheese, onion rings and ranch	
<b>Double Cheeseburger</b> .....	\$8.25
Two 1/4 lb patties with cheddar cheese	
<b>BBQ Burger</b> .....	\$8.00
1/4 lb patty with cheddar cheese, onion rings, bacon, and BBQ sauce	
<b>ADD A COMBO</b> .....	\$2.95
Small twister fries, tots, whole fruit or side salad and a medium fountain drink or a hot tea	

## HOT SANDWICHES

<b>TBLT Sandwich</b> .....	\$6.95
Smoked turkey, bacon, lettuce, tomato, red onion, cheddar cheese and a creamy garlic spread, served on sourdough	
<b>BBQ Chicken</b> .....	\$8.00
Chicken breast with pepper jack cheese, bacon, BBQ sauce, fried onion rings, lettuce, tomato, and pickles served on a soft roll	
<b>Southwestern Chicken Sandwich</b> .....	\$7.85
Southwest spiced chicken breast with cheddar cheese, bacon, avocado, lettuce, tomato, red onion and pickles served on a soft roll	
<b>Old Fashioned Grilled Cheese</b> .....	\$5.00
Cheddar and provolone cheeses melted on toasted sourdough	
<b>Buffalo Chicken Sandwich</b> .....	\$6.25
Fried chicken tenders tossed in buffalo sauce with lettuce and red onion served on a soft roll	

## LOADED FRIES AND TOTS

<b>Loaded BBQ</b> .....	\$6.25
Seasoned twister fries or tots topped with 1/4lb ground beef, bacon, cheddar jack cheese, and grilled onions with BBQ sauce on the side	
<b>Loaded Cajun</b> .....	\$6.00
Seasoned twister fries or tots topped with Cajun spiced chicken, bacon, cheddar jack cheese, green onions, and jalapeños with spicy ranch on the side	
<b>Loaded Chicken</b> .....	\$6.00
Seasoned twister fries or tots topped with chicken, bacon, green onions, and cheddar jack cheese with BBQ sauce on the side	
<b>Loaded Veggie</b> .....	 \$5.00
Seasoned twister fries or tots topped with cheddar jack cheese, jalapeños, diced tomatoes, and red onion with spicy ranch on the side	
<b>Loaded Buffalo</b> .....	\$6.25
Seasoned twister fries or tots topped with chicken tenders tossed in buffalo sauce, red onion, cheddar jack cheese, and green onions with spicy ranch on the side	

## SIDES

Avocado, hummus, or pesto .....	\$1.50
Twister fries.....	Small \$3.10...Large...\$3.40
Tater Tots.....	\$3.00
Onion rings (10) .....	\$4.00
Fountain soda .....	\$1.25...\$1.35...\$1.55
All packaged salad dressings .....	\$0.50
Side salad .....	\$3.30
(lettuce, tomato, cucumber, red onion, balsamic dressing)	

## SUBSTITUTE YOUR PROTEIN

Choose from grilled chicken breast, chickenless patty (add \$1.25), garden burger, or blended mushroom-beef burger

## Daily Soups - Vegan and Non-Vegan

Large.....	\$5.50
Small.....	\$4.75

## ESPRESSO DRINKS

	Single ....	Double ...	Triple
<b>Espresso</b> .....	\$1.95	\$2.20	\$2.55
Freshly brewed espresso			
<b>Espresso Macchiato</b> .....	\$2.35	\$2.65	\$3.00
Espresso topped with foam			
<b>Americano</b> .....	\$2.45	\$2.85	\$3.20
Espresso with hot water			
<b>Red-Eye</b> .....	\$2.85	\$3.15	\$3.35
Espresso with your choice of coffee			
<b>Cappuccino</b> .....	\$3.25	\$3.85	\$4.25
Espresso with milk and mostly foam			
<b>Café Latte</b> .....	\$3.25	\$3.95	\$4.35
Espresso with milk topped with foam			
<b>Caramel Latte</b> .....	\$3.75	\$4.35	\$4.85
Traditional latte with caramel syrup			
<b>Vanilla Latte</b> .....	\$3.75	\$4.35	\$4.85
Traditional latte with vanilla syrup			
<b>Café Mocha</b> .....	\$3.75	\$4.35	\$4.85
Espresso with Ghiradelli chocolate and milk			
<b>White Mocha</b> .....	\$4.05	\$4.65	\$5.05
Espresso with Ghiradelli white chocolate and milk			
<b>Dirty Chai Latte</b> .....	\$3.55	\$4.15	\$4.45
Traditional latte with chai tea			

### Add-Ons

Ghiradelli Chocolate .....	\$0.55
Syrup Shot .....	\$0.50
Extra Espresso Shot .....	\$0.85
Soy Milk .....	\$0.65
Almond Milk .....	\$0.70
Oat Milk .....	\$0.70
Additional Tea Bag .....	\$0.50

**Any drink can be made over ice**

**Save 10¢ with your own cup**

## GOURMET BEVERAGES

	Small	Medium	Large
<b>Gourmet Coffee</b> .....	\$2.05	\$2.45	\$2.55
<b>Chai Latte</b> .....	\$3.45	\$4.05	\$4.35
<b>Iced Coffee</b> .....	\$2.20	\$2.70	\$3.10
<b>Café Au Lait</b> .....	\$2.70	\$3.05	\$3.35
Coffee with steamed milk			
<b>Hot Chocolate</b> .....	\$2.95	\$3.45	\$3.65
Ghiradelli Chocolate with steamed milk			
<b>Hot Tea</b> .....	\$2.00		
<b>Milk</b> .....	\$1.25	\$1.50	\$1.75
<b>Fountain Soda</b> .....	\$1.25	\$1.35	\$1.55
<b>UCen Mug Refill</b> .....			\$2.00
<b>Coffee Box to Go</b> Serves 8. Includes cups and lids, cream, sugar and stir sticks .....			\$13.50

## ICED-BLENDED DRINKS WITH COFFEE

<b>Original Frosted Latte</b> .....	\$5.00
Classic blended latte	
<b>Original Frosted Mocha</b> .....	\$5.00
Classic blended mocha	
<b>Pale Mocha</b> .....	\$5.00
Mocha & vanilla frost combination	
<b>Turtle</b> .....	\$4.75
Frosted mocha with caramel sauce	
<b>Sugar Daddy</b> .....	\$4.75
Frosted latte with caramel sauce and hazelnut	
<b>Leprechaun</b> .....	\$4.75
Frosted latte with hazelnut and irish cream	
<b>Mocha Chip Freeze</b> .....	\$4.75
Frosted mocha with fudge chips	

<b>Oreo Cookie Freeze</b> .....	\$4.75
Pale mocha with oreo cookie pieces	
<b>Grasshopper</b> .....	\$5.00
Oreo freeze with crème de menthe	
<b>Bananarama</b> .....	\$4.75
Frosted mocha with banana and chocolate syrup	
<b>Blended Chai</b> .....	\$4.75

## **BAKED GOODS**

Plain Croissant .....	\$3.00
Filled Croissant .....	\$3.95
Ham & Cheese Croissant .....	\$4.95
Bagel .....	\$2.10
Cream Cheese .....	\$0.70
Large Cookie .....	\$1.90
Cinnamon Roll .....	\$2.40
Assorted Donuts .....	\$1.25
Assorted Muffins .....	\$2.35
Bran Muffin .....	\$1.80
Banana Bread .....	\$2.35
Lemon Bread .....	\$2.35
Coffee Cake Bread .....	\$2.35
Zucchini Bread .....	\$2.35
Raspberry Bread .....	\$2.35
Corn Bread .....	\$1.75
Brownies .....	\$2.00

## DAILY SPECIALS

### MONDAY

**Buffalo Chicken Quesadilla** ..... **\$7.50**

Buffalo sauce, red onions and chicken with cheddar jack cheese in a flour tortilla with spicy ranch on the side. Includes your choice of fries, tater tots, salad or whole fruit and a medium fountain soda or hot tea.

### TUESDAY

**Chicken Provolone Sandwich** ..... **\$9.00**

Chicken breast with provolone cheese, bacon, pesto, lettuce, tomato, red onion and pickles served on a soft roll. Includes your choice of fries, tater tots, salad or whole fruit and a medium fountain soda or hot tea.

### WEDNESDAY

**Loaded Buffalo Fries or Tots** ..... **\$7.00**

Seasoned Twister fries or tots topped with chicken tenders tossed in buffalo sauce, red onions, cheddar jack cheese, and green onions with spicy ranch on the side. Includes a medium fountain soda or hot tea.

### THURSDAY

**Blended Western Burger** ..... **\$9.50**

1/4 lb. Blended burger (60% beef/40% mushrooms) with bacon, cheddar cheese, fried onion rings and BBQ sauce on a pretzel roll. Includes your choice of fries, tater tots, salad or whole fruit and a medium fountain soda or hot tea.

### FRIDAY

**Chickenless Buffalo Wrap** ..... **\$7.50**

Fried chickenless patty in buffalo sauce with organic mixed greens, tomato, red onion and spicy ranch, served in a sun-dried tomato wrap. Includes your choice of fries, tater tots, salad or whole fruit and a medium fountain soda or hot tea.